

Case Studies & Stories on Marisa Peer's Transformational Hypnotherapy

The following guide is made up of student letters and stories ranging from celebrities to ordinary people. This is useful for anyone considering attending the Masterclass on Tuesday Dec 8 to experience a free session with Marisa Peer.

It's also useful for anyone thinking about enrolling for Marisa's new program on Mindvalley Academy that we will launch next week.

Stories about Marisa's Work:

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I don't consider myself to be "woo-woo" or someone who is easily "swayed" into simply believing something works... But what I experienced in that room with Marisa changed my life — in just minutes. She helped me uncover a massive “block” that I realize now has been holding me back, and just days removed from working with her — I've already seen massive (positive) changes in my relationship with my wife, my children, and my employees. THANK YOU Marisa. I was skeptical before meeting you, but what I've experienced is unmistakably real.

~ Ryan Levesque

“To say I was impressed is an understatement — I was blown away and very moved too.”

I have been searching for 20 years for the cause of my issues and was astounded that in a matter of minutes, Marisa not only identified them she also got rid of them. To say I was impressed is an understatement — I was blown away and very moved too.

~ Jeremy

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I work in the financial industry and no matter how much money my clients have, how great their life appears to be, if they don't understand what Marisa Peer can pull out of someone in 5 minutes, they never feel successful or love their life. You have to see what she can do in 5 minutes that people search for their whole lifetime.

~ Garrett Gunderstone

“I cannot believe how much happier I am now about coming into work.”

I was fortunate enough to be over in Portugal at the Action Coach Business Excellence forum last month, and was thoroughly blown away by your seminar. I cannot believe how much happier I am now about coming into work and especially doing my paperwork (which I used to loath)! I can even get myself into work over the odd weekend now... boy, my mindset has changed for the better, so thank you very much indeed.

~ Lucinda Clay, founding owner

“Marisa Peer eloquently taught powerful techniques to stack the chances of success massively in my favour.”

I'm in my 14th year as a business owner, and it's fair to say that more times than not the cause of my success or failure is looking at me when I clean my teeth. Marisa Peer eloquently taught powerful techniques to stack the chances of success massively in my favour. Guess what, Napoleon Hill's seminal work wasn't called *Think and Grow Rich* for nothing, and that all begins with using my mind in the most positive way courtesy of Marisa's expert understanding of how the human brain works. If you have the chance to listen to Marisa, take it; if you have the opportunity of Marisa training your team, book it, because it will make a positive difference to your organisation's results.

~ Ian Christelow, co-founder of ActionCOACH U

“Marisa Peer is a phenomenal speaker.”



Marisa Peer is a phenomenal speaker, she has a unique ability to simplify the complex teachings of how the brain works so that the audience immediately gets it. It was an honor to have her speak as part of the line-up for WIE in London and New York.

~ June Sarpong MBE, Women: Inspiration & Enterprise

“She was one of our most popular talks of the year.”



Marisa delivered two talks for us in consecutive months and both drew in the crowds — people are still talking about it! She was one of our most popular talks of the year with so many great and amusing examples to draw upon and a really engaging way of telling stories. We wouldn't hesitate to book her again for future sessions.

~ Jenny Latham, Ernst & Young

“Marisa is a truly exceptional speaker and writer.”

Marisa is a truly exceptional speaker and writer. I've endlessly analysed speakers and writers over the last ten years and Marisa has the best ability I've ever seen to hold an audience spellbound as she shifts seamlessly from story to practical tools.

~ John Richardson, consultant and speaker at The Coffee Boys

“Her topic was unique and deliverance flawless.”

Marisa's talk was the most talked about at the TEDx event. The audience loved it and couldn't get enough. It's no wonder when we uploaded her talk to YouTube she received the highest views of all the speakers of the night. Her topic was unique and deliverance flawless, very professional and pleasant to work with.

~ Javier Elkin, TEDx Goodenough College

“She is a rare and gifted healer with pure intention.”

I have heard of how wonderful Marisa's positive reprogramming hypnosis was from my friends who attended her workshop. I had a privilege to be on her second workshop in Croatia. This was the first time I have been hypnotized and I was so excited that her hypnosis worked on me! She hypnotized our group and I could not open my eyes! I tried so hard to open my eyes, but all I can do is move my eyeballs, not my eyelids... I was fully conscious and I could move my body around, but just my eyes, as she said, that they were “sealed with glue!”

After she hypnotized us, she reprogrammed us with positive affirmation. The exercise was very simple, and she gave us a powerful yet very simple homework we can do on a daily basis. I was already doing positive affirmation on a daily basis, but Marisa's work made it more powerful! “I am enough, I am lovable, I am complete, I am financially free,” and all other positive affirmations that makes me feel so good and grounded. I say them aloud in shower or looking at myself in the mirror. I also write them on my note. Marisa is very professional in what she does and everything she does is so smooth. I also feel her pure intention on helping to raise our vibes. She is a rare and gifted healer with pure intention. Thank you for all that you do Marisa!

~ Kiko

“I can’t thank you enough.”



I can’t thank you enough. Your speech was inspiring, relevant and emotional. Exactly what was needed. All the editors were very moved and excited by it, I have heard them saying wonderful things about you and your session. Let’s stay in touch — I hope we will collaborate more in the future.

~ Karina Dobrotvorskaya, president & editorial director of Brand Development at Condé Nast International

“Marisa Peer has had a huge influence [on] our lives.”

Marisa Peer has had a huge influence [on] our lives. But it was only [the] beginning of MY story, because then I attended the session. And it works! It gives me the power and self-confidence. It has been lesson of my life, I will always remember the session And, of course, I am in Marisa’s club with you: I am enough!

~ Zuzana Bednarova

“They have reported back to me quite astonishing positive results [...] from shifts in their own self-esteem to major breakthroughs with their children.”

I invited Marisa Peer to talk at one of my events, a quarterly dinner for savvy businesswomen called The Kick Ass Women’s Dinner Club. We have hosted dozens of speakers and I make a point not only of observing the audience carefully but surveying them after the event to get their feedback. I can honestly say that Marisa had my very demanding and clever audience totally engaged and fascinated throughout her presentation, but more importantly, they have reported back to me quite astonishing positive results since implementing some of the strategies that Marisa suggested, from shifts in their own self-esteem to major breakthroughs with their children.

Without exception, my guests asked to see and hear more of Marisa and I am now hosting a one-day Masterclass for her later this year. I am not a fan of cliché, but I would not hesitate to recommend Marisa as a truly exceptional speaker and in my opinion there are few, if any, audiences who would not benefit from her expertise. Thank you Marisa.

~ Paula MacArthur, connector & collector of clever people at The Mastermind Agency, founder of the Kick Ass Women’s Dinner Club

“Marisa’s talk absolutely helped to glue together the other work I have been doing on my self confidence and self-esteem.”

Marisa’s talk absolutely helped to glue together the other work I have been doing on my self confidence and self-esteem. I have “I AM ENOUGH” written on my whiteboard in front of my desk so I can never forget. I can’t think of an audience who wouldn’t benefit as long as they were ready to listen.

~ Alison Graham, creator of Feeling Fantastic Over Forty

“[Marisa] is one of a few in history to have had a profound impact on the field of hypnotherapy and psychotherapy.”

Marisa Peer received her training Hypnotherapy and Psychotherapy at the Hypnotism Training Institute of Los Angeles located in Glendale on August 23, 1985, and completed her certification program on September 02, 1988. In the ensuing years, I had the opportunity to have the pleasure of Marisa’s attendance at specialized training programs I presented in the United Kingdom and the United States.

I can confirm her commitment and continuing evolution and specialized knowledge she has developed. She began moulding the field of hypnotherapy/psychotherapy into something much greater than it had ever been. Her brilliance goes far beyond her early instinctive recognition and integrates many of the most profound insights in hypnotherapy and psychotherapy. What has emerged is an incredible effectiveness and is one of a few in history to have had a profound impact on the field of hypnotherapy and psychotherapy.

~ Gil Boyne, CEO and Chairman Emeritus of Hypnotism Training Institute of Los Angeles

“She is internationally considered to be the best in her field, and people travel from all over the world to seek her help.”

I first met Marisa Peer in a professional capacity over 12 years ago, having been to see her for therapy. Since then, I have enthusiastically referred hundreds of people to her for therapy and amongst those recommendations have been many international celebrities. Because of my job and my high regard for her brilliant ability to change people’s lives, I also gave her a significant role in one of my programmes, Celebrity Fit Club, where she worked with 10 celebrities over a four-month period and achieved extraordinary results.

She is internationally considered to be the best in her field, and people travel from all over the world to seek her help. She’s the only professional I know of who has the ability to help such a wide assortment of and achieve dramatic and lifelong changes. It is with great confidence professionally and personally that I recommend Marisa’s extraordinary ability.

~ Claudia Rosencrantz, Controller of Entertainment ITV

“Marisa is outstanding in her field and has changed and improved lives beyond imagination.”

I have worked at ITV for over 20 years, and I am responsible for the output of ITV2, a major channel in the United Kingdom and overseeing documentaries for ITV1. I was introduced to Marisa Peer on a professional basis. Her skill, talent and professionalism impressed me so much that, as a result, I have referred a very large number of clients to her. Marisa is outstanding in her field and has changed and improved lives beyond imagination. Her brilliance in her area has impressed dozens of people I have met and introduced to her.”

~ Daniela Neumann, Controller of Commissioned Programmes, ITV2 and ITV3

“Thanks to you I now have the energy to follow my goals.”



Dear Marisa, no matter how many times I said thank you it would never be enough. I have now lost two stones [easily!] but even more than that the afternoon tiredness that had plagued me is gone. I have walked in your footsteps with regard to eating and I am reaping the rewards. You were so right when you said that restricting your diet leads to an unrestricted life. Thanks to you I now have the energy to follow my goals.

~ Maria Thomson, Invernesshire

“At 75, I have so much vigour that astonishes others which I directly attribute to Marisa.”



Marisa Peer is an absolute marvel she not only changed my life —she actually saved it.

Within two weeks of having just one session with her I stopped smoking and drinking for good and developed a completely different attitude to food.

That was 21 years ago. I have never had a cigarette or drink since and I don't want or like unhealthy food anymore despite the fact that I used to devour too much of it. At 75, I have so much vigour that astonishes others which I directly attribute to Marisa.

Because of Marisa Peer I have a whole new life. I cannot recommend her or her methods highly enough.

~ Molly Parkin, writer and renowned artist

“Working with Marisa has really helped me to change some deep-rooted issues.”



Working with Marisa has really helped me to change some deep-rooted issues. I no longer use food to cope and I can finally visualize myself as slim. I am amazed at how much food I am leaving; I cannot finish food and I am indifferent to junk food which is such a buzz for me.

For the first time EVER I can work with food and it does not rule me at all.

~ Steven Wallis, Chef and winner of Masterchef 2007

“Marisa’s therapeutic work and [counsel] is a hugely powerful resource in my life, for which I am eternally grateful.”



Every time I take on a new project or face a particular challenging in life, I seek Marisa Peer’s extraordinarily effective therapy. Marisa’s therapeutic work and [counsel] is a hugely powerful resource in my life, for which I am eternally grateful.

~ Gerry Cot, co-founder with Bob Geldof of the Boomtown Rats.

“Marisa Peer has an extraordinary skill at getting people to change.”



Marisa Peer has an extraordinary skill at getting people to change. Since she worked with me, my life and my footballing skills have changed dramatically and for the better.

~ Jason Roberts, Premier league football player

“She works on so many levels, all very skillful and beautifully executed.”



I was inspired by Marisa’s work an easy style, and the way she mixes facts with language with emotions with hypnosis. She works on so many levels, all very skillful and beautifully executed.

~ Joanna Jesson, chairman of the Academy for Chief Executives

“Marisa’s work is profoundly effective.”



Marisa’s work is profoundly effective. She gets to the root of the food issue and liberates you from it’s vice-like grip.

~ uDes'ree, Singer

“Marisa has helped me to eat differently.”



Marisa has helped me to eat differently.

~ Julie Goodyear, actress, Coronation Street

“What you did for me is nothing short of miraculous. I owe you my life.”



I know that without your help and guidance, I would never have achieved my weight loss of over 100 pounds or been able to maintain it. What you did for me is nothing short of miraculous. I owe you my life. Thank you.

~ Jeff Rudom, Actor

“You are an exceptional person.”

As your seminar progressed, I found my attention was 100%, and I was impressed by your professionalism, knowledge and skills.

At 203 pounds, I did not consider myself fat, but it would have been nice to loose a bit as I was only too aware that in my 20s I had been in the low-12 stone bracket.

I have never bothered with my weight, and therefore your seminar and its effect on me is even more profound. A month after your session, I had lost around 10 lbs. And after 3 months, I had lost 2 stone.

Marisa, you must spread the word to as many people as possible as we are all living in an increasingly obese world and YOU have the power to turn the tide back, you are an exceptional person. Long may you prosper, my very best wishes.

~ Alex Lancashire, CEO, Livespace

“I was so surprised how easy it was to get driving again without anxiety.”



I was so surprised how easy it was to get driving again without anxiety. I have tried other therapies, but I have always had to continue to fight my anxiety at a low level when trying to resume my driving again, which made it exhausting. A big thank you to Marisa. I am so glad I found her.

~ Angela Harvey

“Already with four days we’ve seen rapid therapy and rapid change with people and that is quite extraordinary.”



I am a really big fan of Marisa, I've trained with Marisa, I've had personal therapy with Marisa and she has contributed to my books. I always acknowledge Marisa as being a massive influence on my life, which is why I signed up to her course.

The last four days have been really quite breathtaking, in terms of the depth and the detail that she manages to get with such a short space of time with clients. It really is quite overwhelming, and already with four days we've seen rapid therapy and rapid change with people and that is quite extraordinary.

Personally, I'm really excited about this course and I know that Marisa is a fantastic therapist. She has been helping me with the training that I'm doing, to become much better at helping other people as well. She is fantastic.

~ Anna Richardson

“You have changed my life forever. I am happier, more energetic, POSITIVE and full of joy.”

Thank you Marisa, from me, from my husband (and if my 21-month-old daughter could talk) my daughter. You have changed my life forever. I am happier, more energetic, POSITIVE and full of joy. I want to thank you from the bottom of my heart for changing my life, and therefore changing forever the lives of my loved ones. THANK YOU SO MUCH.

~ Susan

“You may just be the one who has made 23 years of hell change into a beautiful, zestful future!”

Thank you Marisa. You may just be the one who has made 23 years of hell change into a beautiful, zestful future! You're an amazing, lovely lady with a brilliant outlook on life, and if you were here right now I would hug you to death!!!

~ Mel

“You have saved my life, and I owe you so much, Marisa.”

THANK YOU SO MUCH!!!!!!!!!!!!!!!!!!!! AGAIN, you have saved my life, and I owe you so much, Marisa. I am quite sure that you have saved my life, as well. Not so long ago, I'd have dissociated and been downing alcohol as a result of recent horrible traumas, and here I am getting on with my life.

Thank you, Marisa — you're just THE BEST!

~ Penny, gospel star, Dexter & Grace

“You've done what therapists and diet clinics over the last 11 years have failed to do and I love you trillions for it.”

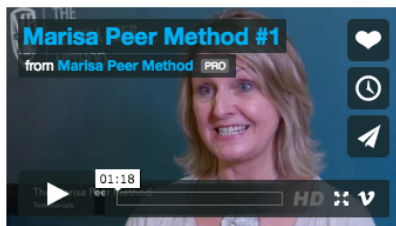
I DROPPED 10lbs!!!!!! without even trying. It's amazing. Words aren't enough Marisa. You've done what therapists and diet clinics over the last 11 years have failed to do and I love you trillions for it. I'm a happy, happy girl.

~ Lillie

“I am now 60 and have never felt so powerful and in control in all areas of my life.”

I had to write to tell you that your seminar on Saturday has already changed my life. I am now 60 and have never felt so powerful and in control in all areas of my life. Thank you.

~ Maureen



“Marisa uses example after example by telling stories, she’s made it really real for us. Its tangible and real; and I can already see into the future that I can do it”



“Marisa is just the best to learn from! It’s absolutely amazing, if I had to sum it up I would say brilliant and life changing.”



“Marisa’s course has been incredibly wonderful! It’s changed me as a person and my opportunities are endless, I can do whatever I want with it. Its fantastic and I am so grateful for the experience and where it will take me.”



“When I heard about Marisa and the results she could get in one session it sounded like one of those things that you hear that is too good to be true, well this is one of those things. It’s absolutely amazing. I never thought it was possible to change so quickly. The way Marisa’s works is unbelievable. Marisa Peer’s therapy is

absolutely out of this world. Its out there, it’s like nothing that I can compare it to.”



“Marisa’s course is wonderful, inspirational, hands on and lots of fun as well. It changed me in the most wonderful way.”



“After working with marisa I feel able to meet my goals and Marisa has even shown me how to develop my intuition. As an academic I didn’t think that was possible. After an hour with Marisa I realised it was and that feels terrific. I am so glad that I had the opportunity to learn from Marisa.”



“Marisa has changed my life and my physique, I lost 56pounds after just one session with her. She changed my career as well because I was so blown away by how fascinated and amazing she was it gave me the confidence to re-train.”



“From start to finish I feel like I have grown and changed myself so much but also I have been able to take on loads of new simple easy to use skills to use right away it’s changed my life.”



“Marisa’s course has taught us lots of interesting, fascinating stuff. I love this course and how it delivers because it’s entertaining, using real stories and examples, which makes its fun. The best thing is we are getting lots of practical experience.”



“Everyone’s confidence has grown so much. Marisa has given us the ability that I certainly didn’t think I had. It has given me so much confidence to go out there and help others.”

Case Studies:

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**Join Marisa's Upcoming Free Masterclass on
Mindvalley Academy this Tuesday December 8**

[You can attend the session by RSVPing here >>](http://mindvalleyacademy.com/store/uncompromised-life/online-training/invite)

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