

SOULVANA
masterclass

WORKBOOK

The Life-Changing Power of
Ho'oponopono

Joe Vitale

The Life-Changing Power of Ho'oponopono

Masterclass
with Joe Vitale

YOUR OFFICIAL ONLINE TRAINING GUIDEBOOK

4 Simple Tips To Get The Most Out of This Class:

1. Print out this workbook before the class starts so you can write down your notes as you listen.
2. Review the topic outline so you know what to listen out for. Make sure you've set aside private time for this session so you'll be able to focus and fully receive the benefits of the session.
3. During the event, write down ALL the interesting and new ideas and inspirations you get while listening — that way you won't lose the information most relevant to you.
4. Think of how you can quickly implement the secrets revealed in this session.

Preparation Tips:

- Make sure you are in a quiet place where nothing can distract you, and that you are not driving a car or any other vehicle. Be in a comfortable position so you can fully take part in any guided meditation and visualization exercises that may be a part of the class.
- Stretch your muscles before starting the class. Stretching loosens the muscles and tendons allowing you to sit (or lie) more comfortably. Additionally, stretching starts the process of “going inward” and brings added focus to the body.
- Take a deep breath. Breathing deeply slows the heart rate and relaxes the muscles to help you have a comfortable experience during any guided meditations or visualizations that may happen during the class.
- You can use candles and other spiritual tools in the room to further help you feel at ease.

Thank you for joining our online class. We hope you enjoy it!

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1. As humans we havewhich we inherited but never questioning.
2. are like Counter - Believes that are in your mind.
3. We live in a believe-
4. How you talk about your reveals your
5. The you give an event is the believe that it.
6.is the Hawaiian Healing Method.

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7. The 4 Ho'oponopono sentences are:

- i You
- I'm.....
- Please.....Me
-You

8. When you make peace with thewe create the most loving relationship then we can possible have.

9. There are 4 different level of and there are tools for each one of them.

10. comes from our mind. comes from life.

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Use this space for any additional notes you have:

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SUCCESS STORIES

“I was searching for a better life.”

I was searching for a better life, one of clarity and self-confidence and knew that there were tools "out there" to help me, I just wasn't able (at the time) to complete the job. I had just gone through a separation, then a divorce, and then finally living on my own after really never doing so. These were all new to me, and my way of life. I heard about the Law of Attraction from a friend, then the movie *The Secret* and enjoyed what I saw. I picked up on Dr. Joe Vitale and seemed to like him the most out of the cast of teachers.

I decided to read up on this Law of Attraction and see what I can learn from it and Dr. Joe Vitale. The Law of Attraction is working in my life; I attracted a promotion which will be netting me thousands more each year! I notice that I am attracting "happy" people into my life, that may sound silly, but it's true.

My life has challenges now instead of problems; I enjoy life and work and actually like to help other people with some of their problems. I always look for the something good in every situation, and help others to do the same.

I speak up and volunteer more now for things than I did before...

~ David O.
Wellington, FL, USA

“I am so happy and grateful that I am taking this course.”

I am so happy and grateful that I am taking this course. In just one week, I attracted \$2400 that was not suppose to be here for weeks... and [it] arrived this week. I work in the personal development industry and have been teaching (or so I thought was teaching) these principles, but couldn't get it right in my mind and perhaps was not consistent. In just one week, I've been able to surface beliefs and blocks that I was unaware of and have attracted two new clients to my business from nowhere.

They found me or I found them. We attracted each other and it's what I have wanted to do for some time now (teach/coach on a one on one basis) as I know that is what I'm passionate about. Expanding and spreading knowledge of this beautiful way of living. I have been a student of personal growth/development for some time now haven't been getting it right as I have been letting external factors and my ego get in the way. Right now in this present moment, I feel joy and gratitude for all. So thank you, thank you, thank you Joe [and] Prosper [and] Janeen. Sending much love your way! I get it!

~ Kimberley P.
Moncton, NB, Canada

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SELF-REFLECTION

The right questions can spur your subconscious to feed you the right answers. So ask yourself. . .

As you saw Joe dissect Asha's life, did any of your counter-intentions and limiting beliefs become suddenly obvious?

Did this masterclass inspire you to pay more attention to your thought, processes, so you can be more aware of your counter-intentions and limiting beliefs in the future?

During the Inner Child Meditation, did you realise how your strained relationship with your inner child was costing you emotionally, mentally and physically?



To sign up for ***Expect Miracles Program***, Joe Vitale's new course on Soulvana please [click here](#). But wait until **October 27**, to sign up for the course. Near the end of the masterclass, his new course will be offered at a special price as a thank-you gift for class attendees.