THE BIG LIFE

ONLINE TRAINING WORKBOOK

How to Win the Inner Game of Money

with John Assaraf Star of The Secret and New York Times Bestselling Author

OFFICIAL WORKBOOK "How to win the inner game of money" The big life with John Assaraf

YOU CAN LEARN TO TURN YOUR FEAR INTO F.....

MONEY IS A CONCEPT HUMANS USE AS A MEANS OF E.....

IF YOU WANT A LOT OF MONEY, THE FIRST THING YOU MUST FIGURE OUT IS

WE CREATE ABUNDANCE IN DIRECT PROPORTION TO HOW MUCH V...... WE PROVIDE IN THE WORLD.

IF YOU HAVE A CLEAR VISION OF YOUR G...... (WHAT YOU WANT TO ACHIEVE) AND YOU DEVELOP SOME OF THE B...... YOU NEED – JUST ABOUT ANYONE CAN CREATE MASSIVE FINANCIAL SUCCESS.

IN THE LAST SEVERAL YEARS, 90% OF WHAT WE THOUGHT WE KNEW ABOUT THE BRAIN IS O......!

3 MAIN PARTS OF THE BRAIN

1) THE NEO CORTEX - THE THINKING, LOGICAL BRAIN

2) THE LIMBIC BRAIN - THE EMOTIONAL BRAIN

3) THE REPTILIAN BRAIN – ENSURES OUR SURVIVAL

WHEN WE LEARN TO OBSERVE OUR RIGHT PRE-FRONTAL CORTEX – AND THE EMOTIONS THAT COME WITH IT – WE CAN ENGAGE THE "CEO" PART OF OUR BRAIN.

IT WILL THEN LOOK FOR ANYTHING AND EVERYTHING IN YOUR E...... TO HELP YOU ACHIEVE YOUR GOALS!

BUT THERE'S A PROBLEM:

WE HAVEN'T BEEN GIVEN THE U..... M...... TO OUR BRAIN!

ONCE YOU GET ALIGNMENT BETWEEN YOUR LOGICAL, EMOTIONAL AND REPTILIAN BRAIN, THEN YOU HAVE NEURO-COHERENCE... AND YOUR R..... LOWERS -SO YOU'LL START TO CREATE THE RESULTS YOU DESIRE.

EMOTION IS "E IN MOTION" – IT'S JUST A FEELING! IF YOU'RE WORRIED OR ANXIOUS, YOU'RE SIMPLY FEELING A MEMORY OF YOUR PAST, INSTEAD OF WHAT'S POSSIBLE IN THIS WORLD OF COMPLETE ABUNDANCE.

YOUR GOALS AND DREAMS WILL BECOME A REALITY WHEN YOU BECOME O...... WITH THE NEW VISION YOU HAVE...

... AND WHEN YOU T..... IT, F..... IT AND B..... IT – BECAUSE YOU HAVE PRACTICED IN PRIVATE, WHAT YOU WANT TO GET PRAISED & PAID FOR IN PUBLIC!

THE 4 CORE BELIEFS OF THE WORLD'S RICHEST, HAPPIEST AND MOST SUCCESSFUL PEOPLE:

#1. I D..... TO BE WEALTHY

#2. I HAVE E..... IT TAKES TO ACHIEVE MY GOALS #3. THE UNIVERSE IS ABUNDANT!

#4. I CAN A..... WHATEVER GOAL I SET MY MIND TO, AND <u>COMMIT</u> TO.

THE ONE QUESTION THAT CHANGED JOHN ASSARAF'S LIFE:

"ARE YOU I..... IN BECOMING A MILLIONAIRE, OR ARE YOU C.....?"

IF YOU'RE "INTERESTED", YOU'LL COME UP WITH EXCUSES AND DO WHAT'S C.....

IF YOU ARE <u>COMMITTED</u>, YOU'LL DO WHAT IT TAKES. YOU'RE GOING TO PLAY THE GAME FULL OUT. YOU'RE GOING TO OVERCOME YOUR F....., DOUBTS & EXCUSES. IF YOU CAN DO THAT, YOU CAN LEARN HOW TO BECOME A M......

NOTES...

THE MOST POWERFUL FREQUENCY IN THE UNIVERSE IS THE G..... FREQUENCY.

IS IT POSSIBLE TO ACCELERATE YOUR LEARNING WHEN YOU'RE IN THIS BRAINWAVE FREQUENCY? YES!

BY NOW, IT'S TIME TO **<u>GET SOME HEADPHONES</u>**...

YOU'RE ABOUT TO EXPERIENCE LEVEL 1 OF JOHN ASSARAF'S INCREDIBLE *WINNING THE INNER GAME OF MONEY* BRAIN RETRAINING PROGRAM.

THIS WILL HELP YOU REPROGRAM YOUR DEEPEST BELIEFS AROUND MONEY, SO YOU CAN EFFORTLESSLY CREATE MORE OF THE ABUNDANCE YOU CHOOSE.

ENJOY YOUR EXPERIENCE... IT'S TRANSFORMATIONAL!

(AND HAS <u>NEVER</u> BEEN GIVEN AWAY FOR FREE BEFORE.)

NOTES	

I HOPE YOU ENJOYED THIS TRAINING WITH JOHN ASSARAF – AND ARE FEELING INSPIRED & <u>COMMITTED</u> TO CREATING ALL THE FINANCIAL ABUNDANCE IN LIFE THAT YOU CHOOSE :-)

FOR MORE EXTRAORDINARY TRAININGS, THE BIG LIFE AIRS LIVE EVERY WEDNESDAY AT 6PM PST AT <u>WWW.THEBIGLIFE.COM/LIVE</u>

THINK BIG!

CARL HARVEY, HOST – THE BIG LIFE