

# Would You Like Me To Hand You A 7 Step Blueprint For Living BIG ... For Free?

From the desk of Carl Harvey

September 18th 2014

Dear Big Life Subscriber,

If you want to live a BIGGER life – *filled with more abundance, success and an ever-increasing sense of wellbeing* – this could be the most important letter you'll ever read.

Here's why:

Over the past 4 months I've been lucky enough to host “no holds barred” interviews with some of the finest personal growth teachers on the planet – including legends like Bob Proctor, Dr Joe Vitale, Christie Marie Sheldon, Lisa Nichols, Laura Silva and Bob Doyle.

As a result, I've made an amazing discovery that can **consistently help you to create better results...** to your health, wealth, mindset and wellbeing.

## Here's How It Works

When you spend hours interviewing the happiest, most abundant & successful personal growth experts in the world, you're going to learn a LOT.

(Like how most of these teachers share a very similar set of beliefs.)

*But the beliefs aren't the big discovery.*

The big discovery is that we **ultimately cracked the code on how anyone can go from where they are... to quickly living bigger... in ALL areas of life.**

Let me explain...

## **23 Hours Of Private Interviews Reveal The Fastest Path To Explosive Abundance**

In the past few months, I've hosted more than 23 hours of interviews with 15 different experts – and I've discovered they all live (to greater or lesser extent) *aligned with 7 key principles.*

What this means is – no matter what your dream is, there's pretty much a “universal” 7 step formula that can **dependably help you create more success, happiness, abundance, passion & purpose in your life.**

In fact, after spending hours reviewing these interviews, I've been able to...

### **Uncover A Simple 7 Step Process That Makes It Easier To Live BIG**

Now here's what's really awesome.

*Even though this 7 step blueprint is pretty simple...*

And even though it's been proven by amazing folks like **John Assaraf, Dr Joe Vitale, Bob Proctor, Laura Silva, Christie Marie Sheldon and Lisa Nichols...** as well as literally 100's of Big Life subscribers who have quickly created extraordinary improvements in their lives...

The fact remains that you and I have an incredible advantage because –

### **Hardly Anyone Knows About This 7 Step Formula!**

And the reason why is simple:

I've never publicly written about it.

... Until Today.

## **But Now I'm Going To Hand You This Amazing 7 Step Formula... Free :-)**

I'll tell you why I'm doing this in a minute – except for the obvious, which is me wanting to **share the love** – but first, let's get right to it.

Because when you start to apply these 7 principles, you'll begin to experience:

- **More Abundance Flowing Towards You**
- Greater Self Confidence and Belief
- **A Deeper Passion and Zest For Life**
- “Ah Ha!” Moments and Creative Breakthroughs
- **Ever-Increasing Levels of Wellbeing and Happiness**
- A Tangible Sense of Progress, FLOW and Momentum
- **Amazing Synchronicities and Coincidences**
- Better Results... With ZERO Struggle or Stress
- *And much, much more...*

Yep... it's pretty damn cool :-)

In fact, this 7-Step system is the #1 shortcut I've found for living big.

*So... let's get to it!*

### **Step 1: You Need A Vision**

Every single expert I've interviewed has stressed the importance of having a **clear, vivid and exciting vision**.

This doesn't need to be complicated or particularly long-term – your vision is simply a roadmap for *what you want your life to become next*.

(But keep in mind – if you don't have a big vision, you'll never experience big results. Makes sense, right?)

Some key things to remember:

1. **You have to know what you WANT.** (It's not enough to know what you *don't want*, because your subconscious mind can't process negatives... so when you say “I don't want to be broke”, you're actually programming your subconscious to stay broke! Oops...)

2. **You gotta write your vision down.** There's something magical about writing your dreams, goals and vision on paper. It really works! Plus, it helps you to stay focussed on your vision. So... no excuses :-)

3. **Be specific.** It isn't enough to say "I want to be rich". *It's too vague.* Instead, create a crystal-clear vision your subconscious can chew on, like "I am so happy and grateful that I now earn \$10,000 every single month, doing coaching work I absolutely love, working with clients who love and respect me, working only 4 hours a day..."

And above all...

***Make your vision exciting!***

Like... overwhelmingly awesome and amazingly, jaw-droppingly cool :-)

Why? Because if your vision doesn't excite you *now*, you're simply not going to put in the time, energy and work needed to manifest it.

Cool?

Onwards to step 2...

## **Step 2: Engage The Power of Your Subconscious Mind**

Here's the #1 problem you face:

Most of us set only goals at the *conscious* level... which leaves us relying almost exclusively on motivation and willpower to manifest our dreams.

But – as you've no doubt experienced, **motivation and willpower are finite resources!**

(Which means that when they – inevitably – run low, you stop taking action towards your goals... and often fail to reach them.)

*The good news is... there's a simpler way to create a big life!*

And that's simply to **discover how to utilize the vast, overwhelmingly awesome power of your subconscious mind.**

Here's why...

Dr Bruce Lipton from Stanford University says that your subconscious mind “ultimately casts the deciding vote” on how much money you’ll make; how happy you’ll be; how well you perform at work, the kinds of people you attract into your life, how positive you are... etc etc.

That’s not to mention...

## ***Your Subconscious Mind Is One Million Times More Powerful Than Your Conscious Mind***

Yep – Dr Lipton says that your subconscious is “one million times” more powerful than your conscious mind. And the latest neuroscience suggests that 95-99% of our resources are accessed via the subconscious.

Which means that if you *don’t* engage your subconscious mind for creating your big life, **you’re relying on just 1-5% of your total resources!**

*Imagine that!*

To me, it’s no surprise that T. Harv Eker writes in *Secrets of The Millionaire Mind*:

***“It all comes down to this: if your subconscious blueprint isn’t set for success, nothing you learn, nothing you know, and nothing you do will make much of a difference.”***

But here’s where things get really exciting:

Because when you learn how to work *with* your subconscious mind – to set goals at the subconscious level; to let go of limiting beliefs; and to “reprogram” your subconscious for greater levels of success – **manifesting your desires becomes automatic, effortless... and fun!**

Here’s how to do it:

### **Step 3: Practice Creative Visualization To Quickly Reprogram Your Subconscious Mind**

Creative Visualization is the practice of imagining your dream life in vivid, “high definition” detail.

You simply *see* what you'll see... *hear* what you'll hear... and *feel* what you'll feel when your goals have all manifested – all inside your imagination.

Why do this?

***Because it's the fastest, most enjoyable and most effective way to reprogram your subconscious mind!***

In fact, Bob Proctor, John Assaraf, Lisa Nichols, Dr Joe Vitale, Christie Marie Sheldon – and many more experts I've interviewed – RAVE about the power of visualization.

Here's why it works so well:

Dr Maxwell Maltz revealed in the classic book *Psycho Cybernetics*, that your subconscious mind **“cannot tell the difference between what's real... and what's imagined.”**

In other words, when you visualize your BIG life – and see yourself as happy, abundant, doing work you love, surrounded by the people you want, living with passion and on purpose...

*... Your subconscious mind thinks this is happening for real!*

## **Using Visualization To Manifest Magic - Fast!**

When you keep visualizing your dream long enough – usually just a few weeks – your subconscious mind will ACCEPT WHATEVER YOU ARE VISUALIZING AS A TARGET FOR IT TO MANIFEST.

**This means the 95-99% of your subconscious resources will do whatever it takes to manifest your dream... as quickly as possible!**

Napoleon Hill explains in *Think and Grow Rich* why this happens:

“Our brains become magnetized with the dominating thoughts which we hold in our minds, and, by means with which no man is familiar, ***these magnets attract to us the forces, the people, the circumstances of life which harmonize with the nature of our dominating thoughts...***”

Yep... in other words, this is when the magic starts to happen!

=> You'll start to experience creative insights and ideas.

=> You'll be in the right place at the right time.

=> You'll find yourself knowing exactly what you need to do next.

=> You'll feel great, full of confidence and optimism and passion for the manifestation of your big life.

=> You'll attract the "forces, people and circumstances" you need.

And – best of all – all you need to do next is...

### **Step 4: Take "Inspired Action"**

This is super-easy.

The problem is, **most people over-think things**... so they try and create big plans and figure out everything they need to do, *now*, in order to manifest their dreams.

*This is not necessary... In fact, it's downright counter-productive!*

**Simply because – when you work with your subconscious mind – the next step for you to take is always revealed.**

I'll repeat that:

**THE NEXT STEP IS ALWAYS REVEALED!**

Practice the previous 3 parts of this system, and you will get hunches, ideas, insights and "Ah Ha!" moments about what you need to do next.

Your only job is to take action on these hunches.

**This is the art of "Inspired Action."**

Remember: you don't need to figure it all out.

You don't need a master-plan.

Simply have a vision, visualize it.... focus on it often... *and the ideas and next steps will take care of themselves.*

In fact, they'll be obvious!

All you need to do is remember to chill out and enjoy the process.... and implement the ideas that pop into your mind.

(This doesn't require struggle, stress or "hard work" of any sort.)

Which leads us nicely to...

### **Step 5: Meditate For A Few Minutes Every Day**

Meditation is badass, proven by 1000's of studies and will help you live big.

Why? Because it helps you tap into your higher powers.

***Plus, meditation helps you experience more happiness, creativity and wellbeing.***

And your productivity and focus will shoot sky-high.

In fact, just a few minutes a day will make a \*huge\* difference to your life.

Give it a try... and experience all the benefits yourself.

But before then, it's important you understand...

### **Step 6: Live By The Principle That "You Can't Out-Give The Universe"**

This is where things get a little tough.

Because it's all about making the switch from *getting...* **to giving.**

Here's the best way I can explain it:

If you want to create MORE in your life – more money, more abundance, more toys, more travel, more experiences, more success – *please stop chasing money and goals.*

**Stop chasing success!**

Instead, realize a fundamental truth which Dr Joe Vitale shared with me:



“You Can’t Out-Give The Universe!”

Here’s why:

Abundance – in all its forms – flows to you when you PROVIDE VALUE to other people.

That’s why...

**When You Focus On Helping People And Being Of Service First, Money-Making Opportunities Literally Present Themselves To You!**

You probably already know that **nature abhors a vacuum**.

So when you GIVE something – your expertise, your time, your money, your energy, your passion, your love, etc – *it creates a vacuum...* which is frequently then filled with the good you desire.

*Please... try this out!*

Stop chasing what you want.

Give a little more instead.

You’ll be astonished at the results you experience.

**Now... let’s tie this all together...**

### **Step 7: Get A Daily Routine**

*This is perhaps the #1 most important part of creating a big life.*

It’s all about carving out some time every day for your personal growth – to focus on your vision, visualize, meditate, express gratitude... or do whatever else you like to do to put you in a peak state of FLOW.

Everyone from Bob Proctor to Christie Marie Sheldon to Lisa Nichols to John Assaraf talks about the power of taking time for personal growth every day.

**In fact, every single successful person I’ve interviewed said this is ESSENTIAL!**

It's so simple... yet so powerful.

So I invite you now:

Commit to your personal growth for 15-60 minutes a day.

It'll change your life... you'll be more focussed, happier, more confident, more optimistic... and the challenges of life will simply melt away, leaving you free to create all the epic results and experiences you desire.

And if you need a little help with that...

## **I'd Love To Invite You To Be One Of The Founding Members Of My *Inner Circle***

The Big Life: Inner Circle is a private members site and community for ambitious, positive people who are committed to living big.

It's designed to take care of your daily routine (more on that in a second), and make it as **simple as possible for you to create BIG changes at the subconscious level.**

It's especially for people to want to live a big life... as easily, effortlessly and with as much fun as possible.

Here's how *it works*.

## **You're Getting Every Single Episode Of The Big Life – Past, Present & Future**

Login to Inner Circle member's area and the first thing you'll notice is every single episode of The Big Life, laid out for you to access with as little time or effort as possible.

From **Dr Joe Vitale's** episode on attracting money... to **Lisa Nichols'** training on creative visualization... to **Bob Doyle's** masterclass on the Law of Attraction... and **Christie Marie Sheldon's** incredible abundance-block clearing session... they're all there, in one place.

*In fact, at the time of writing, there are FIFTEEN world class trainings to help you in all aspects of living big.*

Best of all... you're getting new episodes & bonuses *every single week.*

**You can watch online in the members area... or download the episodes to your iPad, iPhone, computer, Mac or Android device – so you can create your *Big Life wherever in the world you are.***

But even that's just the start.

## **The Big Life “Highlights Reel” – Perfect For Your Daily Routine**

For every episode of The Big Life, I've created a “Highlights Reel” – a 15 minute segment which contains the **most powerful, transformational and inspiring content you can imagine.**

These 15 minute segments are designed to be used for your daily routine.

*Imagine* – every morning you login to the Inner Circle, pick an area to focus on... from abundance to mindset to spirituality to healing... and quickly select the Highlights Reel – in just a couple of clicks.

**15 short minutes later, you're feeling refreshed, recharged and empowered... ready to take on the day, in a state of flow!**

Imagine:

Maybe you listened to Tom Cronin's “Fast, Deep, Bliss” meditation... and got into a beautiful state of meditation, instantly.

Perhaps you released your abundance blocks with Christie Marie Sheldon's incredible energy healing session... so you immediately start thinking – and feeling – more abundantly.

Or it might be you chose Lisa Nichols' Manifesting creative visualization, and you can imagine the synchronicities you're already attracting.

(Or maybe you picked any one of the 15 Highlights Reels waiting for you!)

***Either way, your Daily Routine just got easy... fast... and fun.***

Plus...

## **You're Getting Tons Of Exclusive Bonuses...**

... From all my guests on The Big Life.

Yep... my guests have given you **exclusive bonuses**, worth up to \$97 each.

It's just our way of making you feel like a VIP :-)

Plus, I paid thousands of dollars to have **every episode transcribed...** so you can read along as you watch (proven to help you better retain information), or for you to simply print off a copy to read in your own time.

(And that's not to mention the **audio versions of The Big Life**, ready to download and perfect for your next drive, plane ride or commute.)

So let me ask you...

### **What If I Handed You Every Episode Of The Big Life – Plus Highlights Reels, Exclusive Bonuses, Transcripts, Audios... And More?**

Would that help you?

To give you all FIFTEEN episodes of The Big Life?

With all the added value of transcripts, audios, bonuses and Highlights?

***Plus a brand new episode for free (almost) every week?***

So all you have to do is login... and you'll quickly get in the habit of the most empowering, epic and abundant daily routine you can imagine... EVER?

### **You Can Have It... Instantly**

Last week I opened up VIP access to my Inner Circle.

In the first few days, over 356 awesome people signed up.

In fact, look how excited they are to be a part of this:



**Michelle Mattern**

Thank you Carl Harvey for your show and forum!! It's inspirational to surround ourselves with others that are riding on the same frequency and learning from all the great motivational speakers so we can help those around us through our energy! Your enthusiasm is contagious I always look forward to from each show I've watched! Sharing your personal story was profound and it really struck me as it shows how you can change your life in a moment which I can relate to in circumstances in my life. Keep up the amazing work!!  
P.S. I wrote an article just a few days ago for a yoga site in regards to accessing your subconscious through Yoga Nidra as I received the 3 steps to rewire your subconscious from you so it's amazing how it all attracts!!

Reply · Like · Unfollow Post · 10 hours ago



**Cheryl Plotner** · Follow · Sebastopol, California

Hi Carl, I am so excited to be in the Inner Circle! I'm already doing a lot of what you shared in the video, and I love how you presented it. I've also been studying for the past 10 years, from NLP to Coaching to EFT and beyond. I've been using the law of attraction and creative manifestation for most of my adult life, and in the past year I've been ramping up. My biggest passion in life is to help others to engage the awesome power of their magnificent minds to create their dreams into reality. In fact, I see myself developing my life path in very similar ways to what you're doing and I AM ON FIRE! BOOM!

Reply · Unlike · 2 · Unfollow Post · 16 September at 04:30



**Hugrún Þóra Eðvarðsdóttir** · Top commenter · Works at Herbalife

Hey Carl, I didn't make it to the live episode but I listened to the recording as soon as I could and as a vivid The Big Life follower I jumped into your Inner Circle. Even though I've listened to almost everyone of your episodes so far. I'm totally convinced this will help me further in life. Thank you! from ICELAND PS...I you ROCK

Reply · Unlike · 1 · Unfollow Post · 15 September at 23:08



**Meredith Evans** · Founder/Owner at Lone Star Holistic

I can't show enough gratitude for putting the Inner Circle together! May the Universe show your greatness with your every breathe :) The Big Life was the catalyst I needed to get my dreams going (Holistic business, lavender farm and publication). Thank you :)

Reply · Unlike · 1 · Unfollow Post · 15 September at 21:09

## Here's How To Get Inside The Inner Circle

If this feels right for you, you can enroll now and get instant access.

**The investment for the Inner Circle is \$19.95 per month, or \$197 for the entire year.**

(And remember – the Inner Circle grows in value every single week, because of the additional training, bonuses and content I'll be uploading every 7 days... not to mention the strength of the awesome community.)

***But that's not the price you'll pay.***

To say “thank you” for being a subscriber, and reading this letter, I'd like to invite you to join the Inner Circle... **with HALF OFF.**

[So you can inside the Inner Circle now for just \\$9.95 per month...](#)

[Or click here to get an entire year's membership for just \\$87](#) (so you're getting 3 months free!)

**NOTE: This is a truly limited offer, and expires next Monday 22nd September 2014, at midnight PST.**

## **Don't Decide Yet...**

*Actually, please don't make your mind up yet.*

First I've got to tell you about TWO surprise bonuses... and my rock-solid guarantee.

This should make it really easy for you to say yes :-)

### **BONUS #1: Live Training With Me Every Month (With Live Question & Answer Session)**

This is cool: every month, I'll host a "Inner Circle only" live training on a different aspect of living big... and stay on the line after for live Q&A.

*So I'll be answering YOUR questions – and helping you reach YOUR goals.*

(Usually I charge \$3000 for an hour's coaching... but you're getting this at no extra charge.)

Current planned topics include abundance mindset... NLP... creative visualization... self hypnosis... attracting money... and more!

If you enjoy my trainings, you'll LOVE these exclusive, members-only affairs.

### **BONUS #2: "8 Minute Visualization" Guided Visualizations – Usually \$197**

You've already learned how visualization is the fastest, most effective way to reprogram your subconscious mind.

Which is exactly why I'm throwing in a free copy of my \$197 bestselling product "8 Minute Visualization" – a collection of **23 guided visualization sessions** to help you quickly reprogram your deepest subconscious beliefs.

There are sessions for abundance... confidence... happiness... and more!

All you need to do is listen – and you'll experience epic, vivid visualizations.

No "skill" is required... in fact, this makes visualization EASY!

## **Don't Decide Now... Take All The Time You Need And Try The Big Life Inner Circle For A Full 90 Days**

I am so convinced that being part of my Inner Circle will transform your life – that I'm going to let you sample the entire members site... for 3 entire months... before deciding whether to keep it!

So here's what I'm asking you:

Don't decide now.

Join the Inner Circle for 3 MONTHS... *then reflect on your experience.*

If you haven't absolutely LOVED the entire journey – and found it incredibly valuable (in every sense of the word) – simply send an email to my award-winning customer support team... and **we'll insist upon a prompt and friendly refund with no questions asked.**

There's nothing to send back, and no effort required whatsoever. You can even keep everything you've downloaded as my gift. That's how confident I am that the Inner Circle will transform your life.

And I'm not stopping there...

### **Here Are Three Additional Bold Promises For Your Absolute Peace Of Mind**

#### **Guarantee #1: Quality**

You will be blown away by the sheer quality and attention to detail of every Big Life episode, every bonus and every "Highlights Reel" inside this program. Even the online area has been designed with the greatest of care. This truly is the highest quality training of its kind. Guaranteed.

#### **Guarantee #2: Results**

As you go through the Big Life episodes (with more added every week), you'll notice virtually instant results that will only get better in the coming weeks and months. Remember: you can write to me at any time for personal guidance and tips, and I will answer your questions in a Q&A on our monthly live coaching call. My biggest passion is helping you to get the results you want and deserve, so I'll do whatever I can to support your success.

### **Guarantee #3: Impact on your life**

The Big Life Inner Circle will empower every aspect of your life, and turn you into a highly abundant, spiritual and richer person. I stick by my claims. If for any unlikely reason this training doesn't live up to any of these promises, drop my award-winning customer support team an email and you will be refunded up to 90 days from your date of purchase. There's nothing to return, and no effort required at all.

*(And you can cancel your membership at any time after the 90 days, no questions asked... it's all love!)*

### **Join Us!**

If you're excited by the potential of transforming your life and living bigger, I invite you to enroll for my Big Life Inner Circle now.

You're already getting FIFTEEN episodes of The Big Life, powerful training resources, a library of bonuses, audios, Highlights Reels, transcripts, monthly Q&A calls... + more.... **and you can get started with all this for under 10 bucks!**

Imagine: just a few short minutes from now you will be armed with the most powerful, proven and cutting-edge abundance-making tools around. You will know how to combine abundance with your deeper, spiritual side. And you will be living authentically in alignment with your unique purpose – living big, being happy, and living fearlessly with passion.

If that sounds fun, join us!

**[>>> Click Here To Get Started With All This For Just \\$9.95](#)**

(Then \$9.95 a month.)

**[>>> Click Here To Get A Year's Membership For Just \\$87](#)**

**(Best value – you're getting an additional 3 months free.)**

Thanks for reading and *see you on the inside*,  
Carl Harvey

P.S. - Please remember the price for the Inner Circle **DOUBLES** on Monday. So if this resonates, and feels right – now's the time to sign up. **[Monthly](#)** / **[Yearly](#)**. You're protected by a great guarantee, so get started now :-)