
THE BIG LIFE

by mindvalley

ONLINE TRAINING
WORKBOOK

How To Create Your First Million Dollar Business...
In 3 Years Or Less

with T. Harv Eker

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YOUR OFFICIAL WORKBOOK

Four simple tips to get the most out of this online training:

1. Print out this workbook before the class starts so you can write down your notes as you listen.
2. Review the topic outline so you know what to listen out for. Make sure you've set aside private time for this session so you'll be able to focus and fully receive the benefits of the episode.
3. During the event, write down ALL the interesting and new ideas and inspirations you get while listening — that way you won't lose the information most relevant to you.
4. Think of how you can quickly implement the secrets revealed in this session.

Preparation Tips:

- Make sure you're in a quiet place where nothing can distract you, and that you are not driving a car or any other vehicle. Be in a comfortable position so you can fully take part in any guided meditation and visualization exercises that may be a part of the class.
- Stretch your muscles before starting the class. Stretching loosens the muscles and tendons allowing you to sit (or lie) more comfortably. Additionally, stretching starts the process of "going inward" and brings added focus to the body.
- Take a deep breath. Breathing deeply slows the heart rate and relaxes the muscles to help you have a comfortable experience during any guided meditations or visualizations that may happen during the class.

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Thank you for joining The Big Life's online training.

- I. Before the online training, please answer the questions below. On a scale from 1 to 10 — 1 being **not at all** and 10 being **absolutely** — please rate yourself according to the questions about money and happiness. This will help prepare you for the online training with Harv Eker.

Preparing for the online training	1 – 10
Is your natural view and mindset around money positive?	
Are you currently happy with your financial situation right now?	
Do you have a solid plan set in place to change your financial situation?	
Would you be willing to commit to changing your financial future and personal happiness if you had the perfect mentor teaching you?	

II. This next part is for you to take notes while you listen to the online training. Fill in the blanks as you progress. These will be the important takeaway points for this session.

1. Harv says, "Don't believe a _____ I say."

2. "Most rich and successful people _____ the same way."

3. What is the formula that will change your life?

4. Can anyone who "thinks" like a successful person create good results in their life?

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5. What are the 4 quadrants?

6. The physical quadrant is a result of what other quadrant(s)?

7. "If you want physical money, you must take _____ in the physical realm."

8. "_____ is the #1 killer of all dreams."

9. What is the reason we have fear? And how do we solve it?

10. "Money likes _____."

11. "If your subconscious Financial Blueprint is not set for success, nothing you _____,
nothing you _____, and nothing you _____ will make much of a difference."

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12. "Anything you _____, you can never have."

13. Why does Harv say you should never listen to broke people?

14. Why is it bad to try and become successful by doing something you don't love?

15. What is the only thing in this Universe that can give you money?

16. Why would another human give you money?

17. How many people do you need to solve a problem for?

18. If you're going to solve a problem for somebody, what has to be in place?

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19. How do you make A LOT of money? — “Solve the same _____ for a lot of people.”

Thank you for listening to this episode! Please take a moment to write down any thoughts, breakthroughs, realizations, or notes you'd like to internalize. Here is a free area for you to write anything and everything down you feel inspired to do.

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WHAT RAVING FANS ARE SAYING ABOUT MILLION DOLLAR BUSINESS SECRETS

Here are just SOME of the remarkable testimonials said by fans of Million Dollar Business Secrets...

"I have a double major in International Business and Marketing from the second-ranked business school in the world, plus over 10 years real-world business experience—the material in this program completely blew it out of the water. Thank you!"

- **Rick G.**

"This program provided me with a full spectrum of amazing tools to skyrocket my business. I can't believe the amount of real world strategies and tactics that I learned. Excellent!"

- **Patricia K.**

"I absolutely loved this program. The segments presented by Harv really offer the clearest, most practically useful street-smart advice on business I have ever heard. Thanks."

- **Jim L.**

"A fantastic experience for a corporate person like me wanting to start a multi-million dollar business. It never seemed so easy before this program. Now I know how to be successful in any business I choose. Thank you very much."

- **Chio Poh L.**

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SELF-REFLECTION

The right questions can spur your subconscious to feed you the right answers. So ask yourself. . .

- How might your life and happiness increase if you set off on the adventure of learning how to make money by doing what you love?



Get started with **Million Dollar Business Secrets**, so you can learn how to create a million-dollar business... *in 3 years or less!*

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<http://bit.ly/2cS2vDo>